

# European Spa

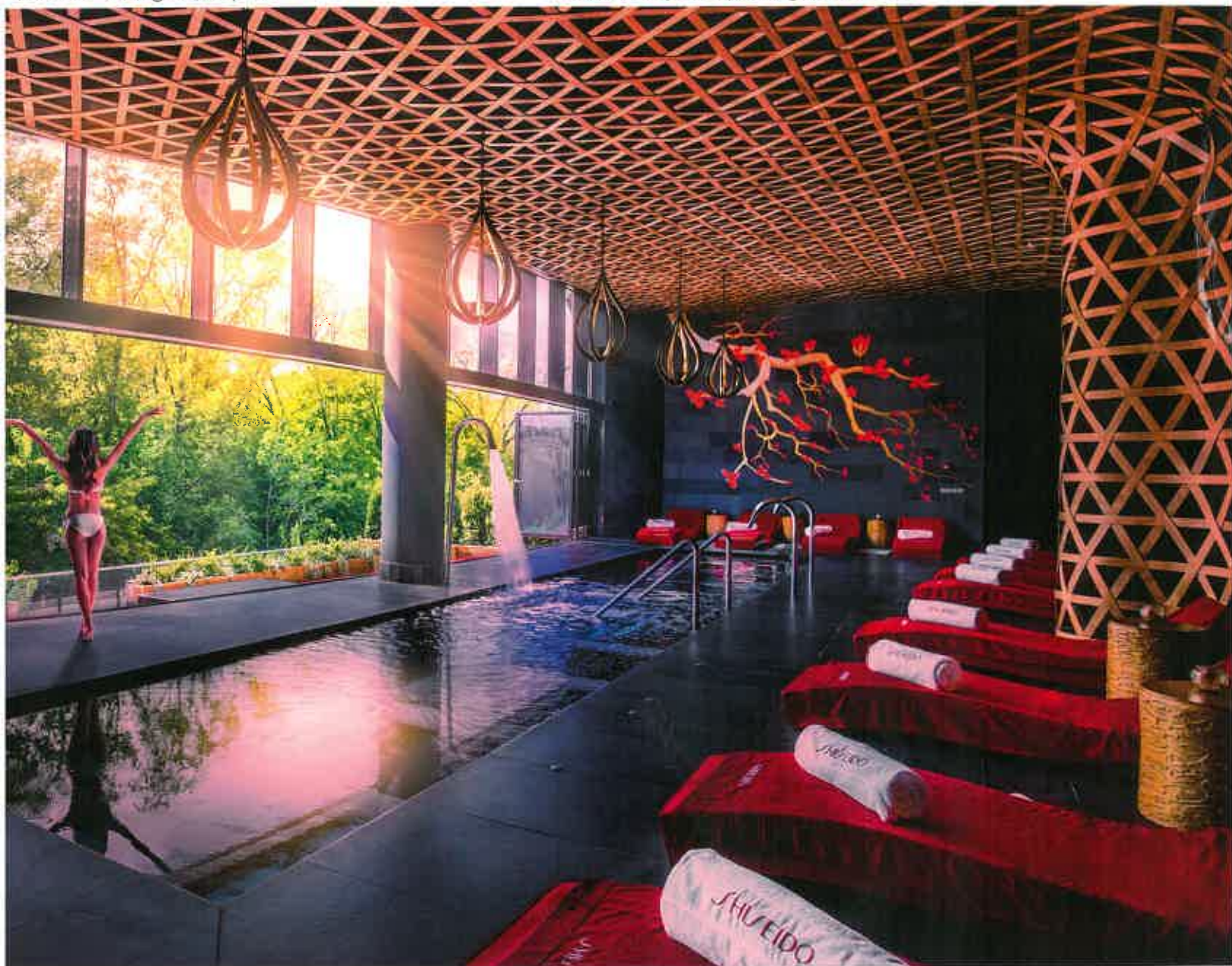
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# news

European Spa rounds up what's making spa industry headlines across Europe



## Six Senses to premier in Europe at World Heritage Site

Luxury brand will open in Portugal's Douro Valley, a UNESCO-listed area of history and inspiration, in 2015

**Portugal:** The first European resort location for the Six Senses group has been confirmed as the Portuguese UNESCO World Heritage area of the Douro Valley.

True to its aim of creating exceptional guest experiences in places of great beauty, the new Six Senses resort will cover 19 acres and offer 71 guest rooms and suites, from Valley, Spa and River rooms to suites and villas with one, two and three bedrooms.

The 2,200sqm Six Senses Spa will offer ten treatment rooms, heated indoor and outdoor pools, an outdoor bar and a Technogym-equipped gym. Six Senses speciality treatments and programmes will be offered as well as a menu of locally-inspired therapies, including some that will be wine-based.

The spa menu will also include the Six Senses Visiting Practitioner Programme, which offers over 100 of the world's leading healers, practitioners and experts across a comprehensive range of disciplines.

Vice-president of spa and wellness at Six Senses, Anna Bjurstam commented: "We are excited about this opening as it will be our first resort in Europe and will feature an expansive spa. Its location – the oldest



"We offer a layered approach that unites a pioneering spirit with extraordinary treatments"

Anna Bjurstam  
Vice-president of spa and wellness, Six Senses

European wine region – has provided inspiration for some of the spa experiences. For example, we will have a nail bar with wine and cheese tasting, so it will be the ultimate in decadent nailcare.

"We will also offer more serious wellness options to guide our guests on their wellbeing journey, by introducing our yogic programmes as well as movement, sleep and nutrition-based programmes."

Looking to the future, Bjurstam said the group would continue to build on its strong foundations. "Six Senses spas offer a layered approach that unites a pioneering spirit with treatments that go beyond the ordinary. Delivered through our locations and specialist skills, the future will see us taking our guests as deep as they would like to go, from core beauty that changes the way they look, to specialist treatments that can change their life."

Six Senses will be taking over the management of the existing Aqua Pura site following an "exciting refurbishment" by leading firm Clodagh Design, with Six Senses Douro Valley set to open in spring 2015.

[www.sixsenses.com](http://www.sixsenses.com)